

# Bravery Compass

**Brave**

- Characteristics: bold, enthusiastic but potentially reckless
- “I’ll dive in headfirst and figure it out as I go.”
- Focus: Embrace your courage but pair it with intentional learning. Reflect on your values to avoid misalignment

- Characteristics: Confident, purposeful, and aligned.
- “I understand the situation and am ready to act with intention.”
- Focus: Lean fully into your values, making bold yet thoughtful decisions that align with your long-term goals

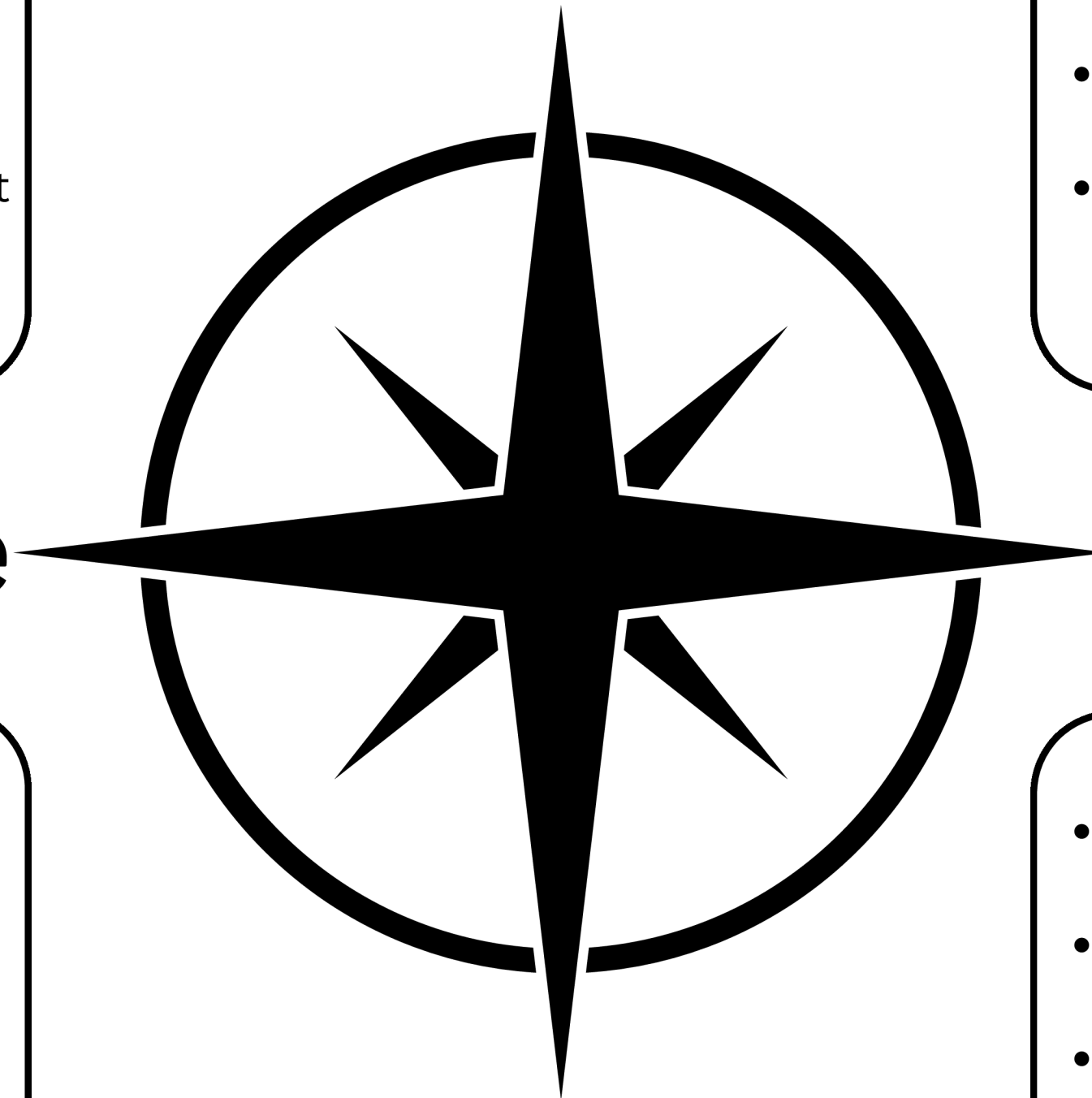
**Unaware**

- Characteristics: Cautious but grounded in understanding
- “I know what’s happening and what I value, but I’m scared to take the leap.”
- Focus: Build confidence through preparation and support. Lean on your values to guide small, manageable actions

**Aware**

- Characteristics: Hesitant, confused, and feeling stuck
- “I don’t know what I’m doing, and I’m scared to act.”
- Focus: Prioritize self-reflection and gathering

**Afraid**



# Use the Bravery Compass



## Assess your position

Reflect on where you currently fall on the compass.

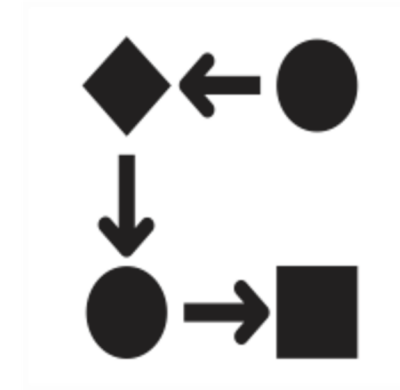
- Are you more afraid or brave?
- Are you operating with clarity (aware) or uncertainty (unaware)?



## Identify your values

Determine which values are most relevant to the situation

- What values/principles matter most here?
- How can they guide me?



## Decide your path forward

If you're **unaware**, invest time in learning and self-reflection.

If you're **afraid**, find small steps to build confidence and momentum.

If you're **brave**, channel that courage into actions aligned with your values.

If you're both **brave** and **aware**, commit to purposeful action and lead by example.